



## Distribution of Holy Communion

June 13, 2020

For the orderly and safe distribution of Communion, you are asked to proceed as follows:

- use the centre aisle or the aisles by the windows to come to Communion
- keep a distance of 2 pews from the person in front of you. Red tags at the end of the pews give a visual reference
- come by order of pew, starting with the pews closest to the front, near the sanctuary
- when you arrive at the head of the aisle indicated by the last red line on the floor, **stop** and wait for the Communion dialogue – “The Body of Christ. Amen”
- go then to the Minister of Communion
- you may stand or kneel to receive the host
- until further notice, the host may be received **only in the hand**
- consume the host before leaving the altar rail
- to return to your pew, or to head to the exit, use the aisles with the pillars
- there will be the Prayer after Communion and the Blessing and Dismissal. Given the exceptional circumstances, feel free to leave after receiving Communion
- to receive your offerings, baskets are available at the exits and the large offerings box is at the central doors

Thank you